



# ASIAN POWERLIFTING CHAMPIONSHIP 2016.



HELD AT UDAIPUR,INDIA.

DATE:07-06-2016 TO 12-06-2016.

CATEGORY:59KG

DATE:08-06-2016

AGE GROUP	LOT NO.	PLAYER NAME	COUNTRY	Birth Year	Body Weight	Squat			Benchpress			Sub Total	Deadlift			Total	R	P	Formula Point
						1	2	3	1	2	3		1	2	3				
S.JUNIOR	3	S.THILAK CHARAN	India	21.01.1998	57.700	135	145	155	50	57.5	X62.5	212.5	150	162.5	X182.5	375.0	I	12	331.688
JUNIOR	6	Lin Yi-Chun	chinese Taipei	30.10.1994	58.300	235	242.5	247.5	145	155	157.5	405	240	252.5	X257.5	657.5	I	12	575.904
JUNIOR	7	Setiono Muji	Indonesia	13.05.1993	58.400	240	X252.5	252.5	140	X150	X150	392.5	230	252.5	X260	645.0	II	9	564.053
JUNIOR	1	Munkhbold Batmunkh	Mongolia	21.11.1993	58.600	160	185	x200	105	115	122.5	307.5	160	180	X190	487.5	III	8	424.954
OPEN	8	Wang Chun-Lin	Chinese Taipei	20.09.1990	58.400	235	252.5	260.5R	140	X150	150	410.5	230	X247.5	X247.5	640.5	I	12	560.117
OPEN	11	Ramirez Regie	Philippines	23.04.1993	57.400	215	X235	X235	130	140	142.5	357.5	230	X247.5	X247.5	587.5	II	9	522.229
OPEN	9	SHINDE VIJAY	India--A		58.700	180	X200	205	137.5	142.5	145	350	160	180	200	550.0	III	8	478.665
OPEN	5	M. K. Thirthesha	India--B	15.10.1992	57.600	160	175	X185	X100	100	X107.5	275	170	190	X205	465.0	IV	7	411.944
OPEN	2	Albattashi Abdulmajeed	Oman	27.09.1991	58.600	195	X205	205	X140	X140	X140	0	182.5	192.5	X207.5	0.0	-	-	0.000
MASTER-IV	4	Pok Kim-Won	Hong Kong	05.10.1940	51.300	90	105	X107.5	67.5	70	75	180	115	120	X130	300.0	I	12	298.620
MASTER-IV	10	R. VAIDYANATHAN	India	01.06.1935	56.600	60	67.5	X75	x40	40	X47.5	107.5	70	85	92.5	200.0	II	9	180.200



# ASIAN POWERLIFTING CHAMPIONSHIP 2016.



HELD AT UDAIPUR,INDIA.

DATE:07-06-2016 TO 12-06-2016.

CATEGORY:66KG

DATE:09-06-2016

AGE GROUP	LOT NO.	PLAYER NAME	COUNTRY	Birth Year	Body Weight	Squat			Benchpress			Sub Total	Deadlift			Total	R	P	Formula Point
						1	2	3	1	2	3		1	2	3				
SUB JUNIOR	10	Wang Yu - Hsiang	Chinese Taipei	10.02.1999	64.500	190	200	207.5	95	105	115	322.5	190	202.5	207.5	530.0	I	12	424.212
SUB JUNIOR	13	Yunuskhojayev Temirbek	Kazakhstan	30.04.1998	64.700	135	145	157.5	85	95	X107.5	252.5	152.5	165	X177.5	417.5	II	9	333.290
SUB JUNIOR	6	SAMESSAKKIA SHYAM	India	15.11.2000	64.000	130	145	X155	60	70	75	220	150	165	175	395.0	III	8	318.252
JUNIOR	3	Aryanto Viki	Indonesia	12.11.1994	65.300	270	292.5	NT	170	185	200	492.5	250	280	X301	772.5	I	12	611.975
JUNIOR	14	Kairzhan Ispandiyar	Kazakhstan	16.06.1997	64.700	225	235	242.5	150	X152.5	X170	392.5	200	222.5	237.5	630.0	II	9	502.929
JUNIOR	8	YADHURAJ	India	21.02.1994	64.300	200	212.5	217.5	80	87.5	92.5	310	200	220	232.5	542.5	III	8	435.356
JUNIOR	1	P. BARATH	India	15.08.1997	64.300	150	162.5	X167.5	75	85	90	252.5	170	185	X205	437.5	IV	7	351.094
OPEN	15	Hsieh Tsung-Ting	Chinese Taipei	28.03.1982	65.000	260	275	285	200	207.5	NT	492.5	270	X290	X290	762.5	I	12	606.340
OPEN	5	Alkiyumi Yahya	Oman	06.07.1991	65.600	X235	X235	235	165	X172.5	X175	400	X230	235	X272.5	635.0	II	9	501.079
OPEN	2	K. STEPHEN	India--B	11.08.1978	65.000	220	X230	230	105	120	127.5	357.5	205	212.5	220	577.5	III	8	459.228
OPEN	4	GOUMEH ABDOLHOSSEIN	Iran--A	21.04.1976	65.900	190	197.5	200	160	X170	X175	360	210	217.5	X220	577.5	IV	7	454.031
OPEN	12	KUMAR ANIL	India--A	01.11.1986	65.300	X210	X210	210	127.5	135	140	350	200	X210	X230	550.0	V	6	435.710
OPEN	7	Kumara Chathura	Sri Lanka	09.02.1984	65.000	X160	160	175	100	X105	X150	275	200	217.5	X227.5	492.5	VI	5	391.636
OPEN	9	Alhasani Aiman	Oman	12.11.1991	65.400	215	X232.5	X232.5	X145	X145	X145		195	215	227.5	0.0	-	-	0.000



HELD AT UDAIPUR,INDIA.

DATE:07-06-2016 TO 12-06-2016.



CATEGORY:74 KG

DATE:09-06-2016

AGE GROUP	LOT NO.	PLAYER NAME	COUNTRY	Birth Year	Body Weight	Squat			Benchpress			Sub Total	Deadlift			Total	R	P	Formula Point
						1	2	3	1	2	3		1	2	3				
SUB JUNIOR	3	Sandria Willy	Indonesia	21.02.1998	73.700	X275	X275	275	160	170	175	450	250	270	X275	720.0	I	12	519.408
SUB JUNIOR	8	Cheng Yu -Jui	Chinese Taipei	26.03.1999	72.700	250	X270	275	120	X130	130	405	X245	245	X270	650.0	II	9	473.525
SUB JUNIOR	15	AFSHARAHMADI HADI	Iran	20.02.1998	73.600	X185	185	210	X120	X130	130	340	200	215	230	570.0	III	8	411.597
SUB JUNIOR	9	CHARGE AAKASH	India	21.02.1998	73.200	180	X200	X200	120	X127.5	127.5	307.5	160	X180	NT	467.5	IV	7	338.891
JUNIOR	2	SONI DIVYANSH	India	30.09.1993	73.200	200	X225	230	120	130	140	370	210	230	245	615.0	I	12	445.814
OPEN	11	Meiyanto Doni	Indonesia	10.05.1989	72.800	290	X310	310	160	175	180	490	290	300	310	800.0	I	12	582.240
OPEN	16	Huang Lung- Hsin	Chinese Taipei	11.01.1981	73.800	275	287.5	X292.5	190	X202.5	205	492.5	285	300	307.5	800.0	II	9	576.560
OPEN	18	R.MAGESH	India--A	28.06.1986	73.400	X270	X270	270	142.5	X150	150	420	255	275	290	710.0	III	8	513.685
OPEN	10	Alzakwani Omar	Oman	22.01.1992	73.300	X235	X235	235	190	202.5	X205	437.5	235	255	X275	692.5	IV	7	501.509
OPEN	6	SAEDISOMEHOLIA MEHRDAD	Iran--A	30.10.1990	73.500	235	X250	X250	145	X152.5	X162.5	380	225	X250	X250	605.0	V	6	437.294
OPEN	12	SANDEEP KUMAR	India--B	15.02.1989	72.3	140	160	180	120	150	160	340	150	X200	NT	490.0	VI	5	358.435
OPEN	5	SELVA KUMAR	India--B	27.03.1990	73.000	X160	160	180	65	80	85	265	160	180	190	455.0	VII	4	330.512
OPEN	14	DEEPAK KUMAR	India--A	10.05.1989	73.900	285	292.5	X297.5	X150	X150	X150		NT	NT	NT	0.0			0.000
MASTER I	19	Ramawickrama Indrajith	Sri Lanka	03.03.1969	73	155	170	180	120	122.5	X140	302.5	160	180	195	497.5	I	12	361.384
MASTER I	7	RAMAKRISHNAN	India	22.07.1972	71.6	X140	140	X150	70	80	X90	220	160	180	X197.5	400.0	II	9	294.680
MASTER II	13	Wang Ka Bo, Gaple	Hong Kong	1959	72.2	X120	120	NT	107.5	NT	NT	227.5	130	140	160	387.5	I	12	283.728
MASTER III	4	Hwang Chien -Lih	Chinese Taipei	22.03.1953	73.2	110	120	130	120.5	132.5	137.5	267.5	110	120	125	392.5	I	12	284.523



HELD AT UDAIPUR,INDIA.

DATE:07-06-2016 TO 12-06-2016.



**CATEGORY:83 KG**

**DATE:09-06-2016**

AGE GROUP	LOT NO.	PLAYER NAME	COUNTRY	Birth Year	Body Weight	Squat			Benchpress			Sub Total	Deadlift			Total	R	P	Formula Point
						1	2	3	1	2	3		1	2	3				
SUB JUNIOR	7	JOSHI CHIRAG	India	22.03.1999	74.300	130	140	150	70	80	85	235	160	175	X185	410.0	I	12	294.093
SUB JUNIOR	3	G. YOGESH	India	04.12.2000	81.000	X140	140	150	50	60	X70	210	150	175	X190	385.0	II	9	260.799
JUNIOR	2	Mukhiddinov Atabek	Kazakhstan	07.07.1996	83.000	225	X232.5	X232.5	X170	170	175	400	232.5	250	265	665.0	I	12	443.888
JUNIOR	12	GOLESTANALI	Iran	20.03.1996	82.900	200	210	NT	90	X125	X125	300	200	220	230	530.0	II	9	354.040
OPEN	4	Jhang You -Si	Chinese Taipei	05/03/1994	82.500	295	305	X310	185	195	X197.5	500	305	320	333	833.0	I	12	558.027
OPEN	15	Batsukh Gansukh	Mongolia	24.04.1988	82.200	290	300	x305	192.5	200	212.5	512.5	235	X245	NT	747.5	II	9	501.872
OPEN	18	JASPREET SINGH	India- A	20.04.1989	83.000	X250	X250	250	170	180	187.5	437.5	222.5	237.5	X252.5	675.0	III	8	450.563
OPEN	5	SHAHNIFEYZ MOHSEN	Iran- A	08.09.1979	82.800	250	260	265	150	162.5	X170	427.5	230	240	X260	667.5	IV	7	446.224
OPEN	14	Almaami Abdullah	UAE	1992	82.200	X100	100	NT	100	120	X130	220	X245	255	265	485.0	V	6	325.629
OPEN	10	Al zaabi FaisalAhmed	UAE	17.12.1978	83.000	100	NT	NT	212.5	217.5	X235	317.5	100	140	X160	457.5	VI	5	305.381
OPEN	11	RAJAGURU S	India- B	15.06.1988	80.500	170	X180	180	80	87.5	X95	267.5	170	X185	NT	437.5	VII	4	297.500
OPEN	17	Turakhanov Davranbek	Kazakhstan		79.100	X300	X305	X305	175	185	195	#VALUE!	275	X295	X295	0.0	-	-	0.000
OPEN	6	Widanapthirana Deeptha	Sri Lanka	31.05.1990	82.200	X200	X215	X215	X120	120	NT	#VALUE!	240	250	X262.5	0.0	-	-	0.000
MASTER I	13	T. K. RAMCHANDRAN	India	05.01.1968	82.600	215	235	X250	150	157.5	160	395	X210	210	217.5	612.5	I	12	410.008
MASTER I	19	Thilakarathna C.B	Sri Lanka	12.02.1975	81.300	X165	165	175	105	115	117.5	292.5	195	210	217.5	510.0	II	9	344.709
MASTER II	16	Shkirman Vladimir	Kazakhstan	21.04.1964	79.4	200	210	220	110	115	122.5	342.5	230	250	260	602.5	I	12	413.315
MASTER II	1	E. N. VENU	India	05.03.1966	82.6	X170	170	185	105	115	122.5	307.5	160	180	195	502.5	II	9	336.374







**CATEGORY:120 KG**

**DATE:09-06-2016**

AGE GROUP	LOT NO.	PLAYER NAME	COUNTRY	Birth Year	Body Weight	Squat			Benchpress			Sub Total	Deadlift			Total	R	P	Formula Point
						1	2	3	1	2	3		1	2	3				
JUNIOR	6	Kapralov Evgeniy	Uzbekistan	23.03.1993	108.100	280	300	320	180	200	X220	520	280	300	X320	820.0	I	12	485.194
JUNIOR	12	SHARMA PRADEEP	India	20.12.1995	118.100	X280	280	320	160	172.5	182.5	502.5	245	265	275	777.5	II	9	448.695
JUNIOR	14	NAIR SHUBHAM	India	14.01.1997	108.600	150	160	170	90	95	X100	265	165	180	X185	445.0	III	8	262.951
OPEN	17	BOVEIRIKONARI IMAN	Iran--B	11.12.1986	106.700	310	X320	320	205	215	NT	535	275	295	x305	830.0	I	12	493.269
OPEN	3	JAVADIFAR JAVAD	Iran--A	21.09.1976	112.900	280	X300	X312.5	185	195	197.5	477.5	270	280	x297.5	757.5	II	9	442.380
OPEN	16	Jayathilake Ransilu	Sri Lanka	15.12.1986	115.600	250	265	270	135	145	150	420	295	305	x310	725.0	III	8	420.718
OPEN	8	Alhasani Oais	Oman	16.06.1992	111.700	250	X260	X280	155	175	185	435	195	225	x280	660.0	IV	7	386.628
OPEN	13	Weerasingha Darin	Sri Lanka	13.03.1983	115.000	X200	210	X225	175	185	190	400	x235	x235	x235	0.0	-	-	0.000
MASTER I	1	KARIMIAN JAFAR	Iran	1976	107.500	260	270	272.5	190	X200	200	472.5	240	260	270	742.5	I	12	440.154
MASTER I	11	Tsolmon Uurtsaikh	Mongolia	26.07.1974	114.200	X260	260	272.5	170	X172.5	X192.5	442.5	100	NT	NT	542.5	II	9	315.789
MASTER II	18	MASISATYAPRAKASH	India	18.08.1958	117.600	X160	X160	160	90	100	NT	260	150	NT	NT	410.0	I	12	236.857



